





# Who I am

I'm Barbara Carretta, better known as Barbarasoulart, is a self-taught artist born on February 5, 1978. Rooted in the land of Padua, I embody the essence of a visionary creator whose connection to art dates back to my earliest memories.

My artistic practice is a symphony of passions: a love for art harmoniously merges with a deep reverence for nature and a keen environmental awareness. This blend has led me to explore the boundaries of sustainability and recycling, integrating these principles into my painting techniques with a sensitivity that resonates with the soul of nature itself.

My works are born from a process that celebrates the freedom of movement. Through the technique of automatic drawing, I surrender to the creative flow, allowing my soul to guide every gesture. My technical repertoire is vast and constantly evolving: from dripping to watercolor, from using enamels and chinks to incorporating recycled materials and driftwood collected from the beach.

Currently, my artistic research focuses on representing life, both in its most informal and structured forms, through the skillful use of color and materials. Watercolor and inks have become my preferred allies, with water acting as a catalyst, making the images fluid and allowing them to transcend the boundaries of the mind.

Although abstraction remains a privileged language for me to give voice to the soul, my recent work has shifted toward more figurative representation. This choice stems from the belief that art, in this historical moment, must communicate in an immediate and clear way, while still maintaining a dreamlike and magical aura.

What further distinguishes my work is the practice of associating each creation with a poem or a thought. This fusion of visual art and words creates a multisensory experience, where the painting and text complement each other, offering the viewer a deeper and more personal key to understanding the artwork.

My desire is to convey love, a sense of belonging, and the courage to embrace one's inner divinity through every creation. My paintings and illustrations are vehicles of emotions and information, materializations of that invisible flow in which we are all immersed.

My art aspires to be a beacon in the night, a call to our eternal and divine essence, an invitation to listen to the voice of the soul. Each work is a bridge between the tangible and the ethereal, offering the viewer an opportunity to connect with their inner self through the universal language of art.

I hope that my work will continue to inspire and touch the hearts of many, challenging the traditional boundaries of art and offering a profound reflection on our connection with the natural and spiritual world.

# *Ink Souls*

The deep and pure color dances on a veil of water,  
releasing the essence of the loving movement of the soul.

The chaos and order, the unpredictability and the control of the technique come  
together to express the unity of purpose of the source in the duality of matter.



## *Over the mirror*

Ink and watercolor on paper  
42 cm X 30 cm  
Year: 2021

"I am your mirror,  
in addition I am waiting for you:  
when closing your eyes  
we will finally be awake "



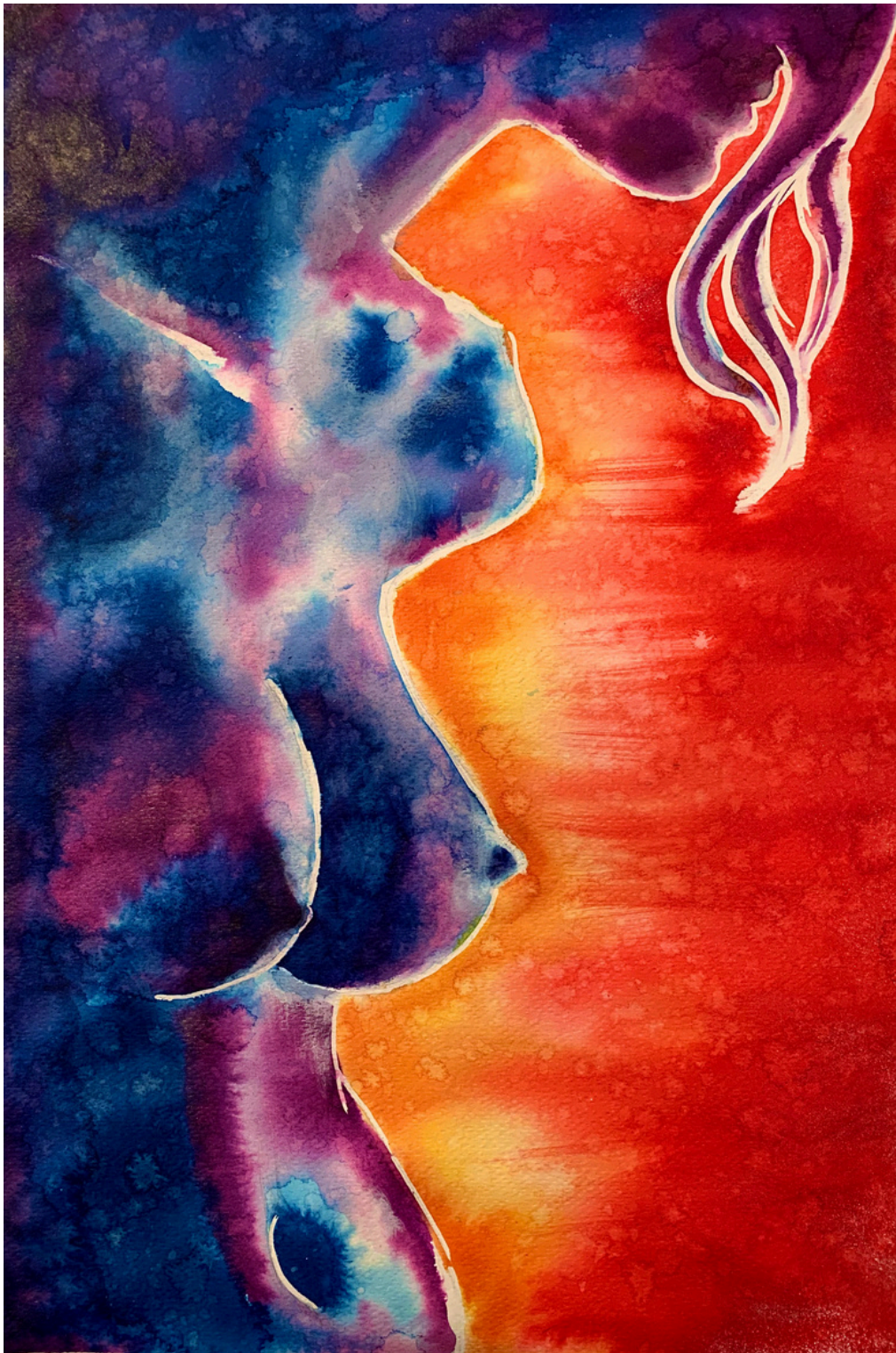
# *Rebirth*

"Suffering changes my bodies.  
Doubt is the engine of my rebirth "

Ink on paper  
48 cm X 33 cm  
Year: 2021





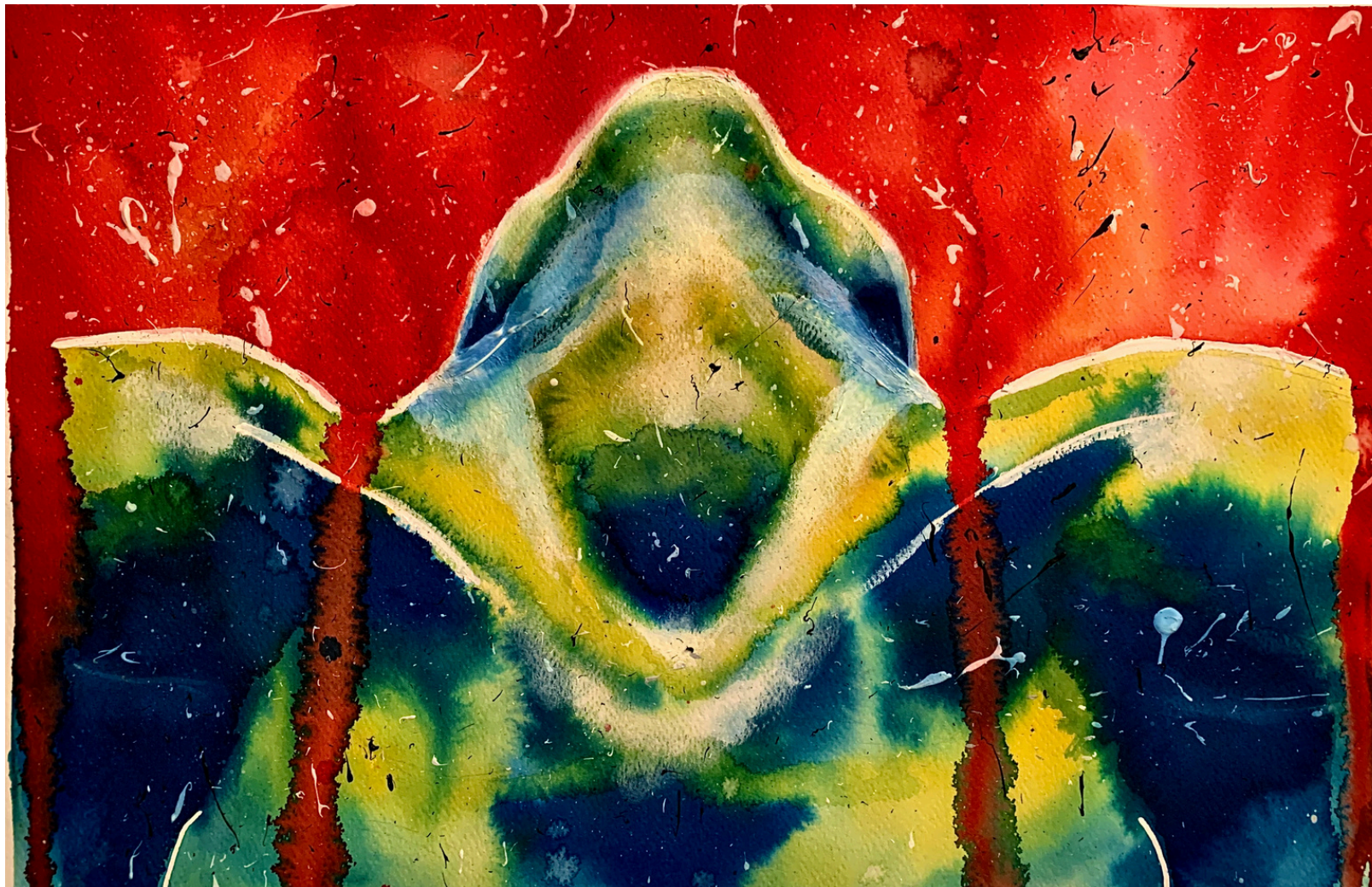


## *Stardust*

"In the storm I dance with the wind,  
Because I am stardust.  
Infinity lives in my sparkle "

Ink on paper  
48 cm X 33 cm  
Year: 2021





## *Ascension*

Ink and watercolor on paper

42 cm X 30 cm

Year: 2021

"I was a soul in blood and skin,  
lost between bodies and faces.

A thousand lives,  
in an eternal consciousness.

My mission is now over.

Return to infinity  
preparing new stories to tell "





Ink on paper  
48 cm x 33 cm  
Year: 2021

## *The Rose of Venus*

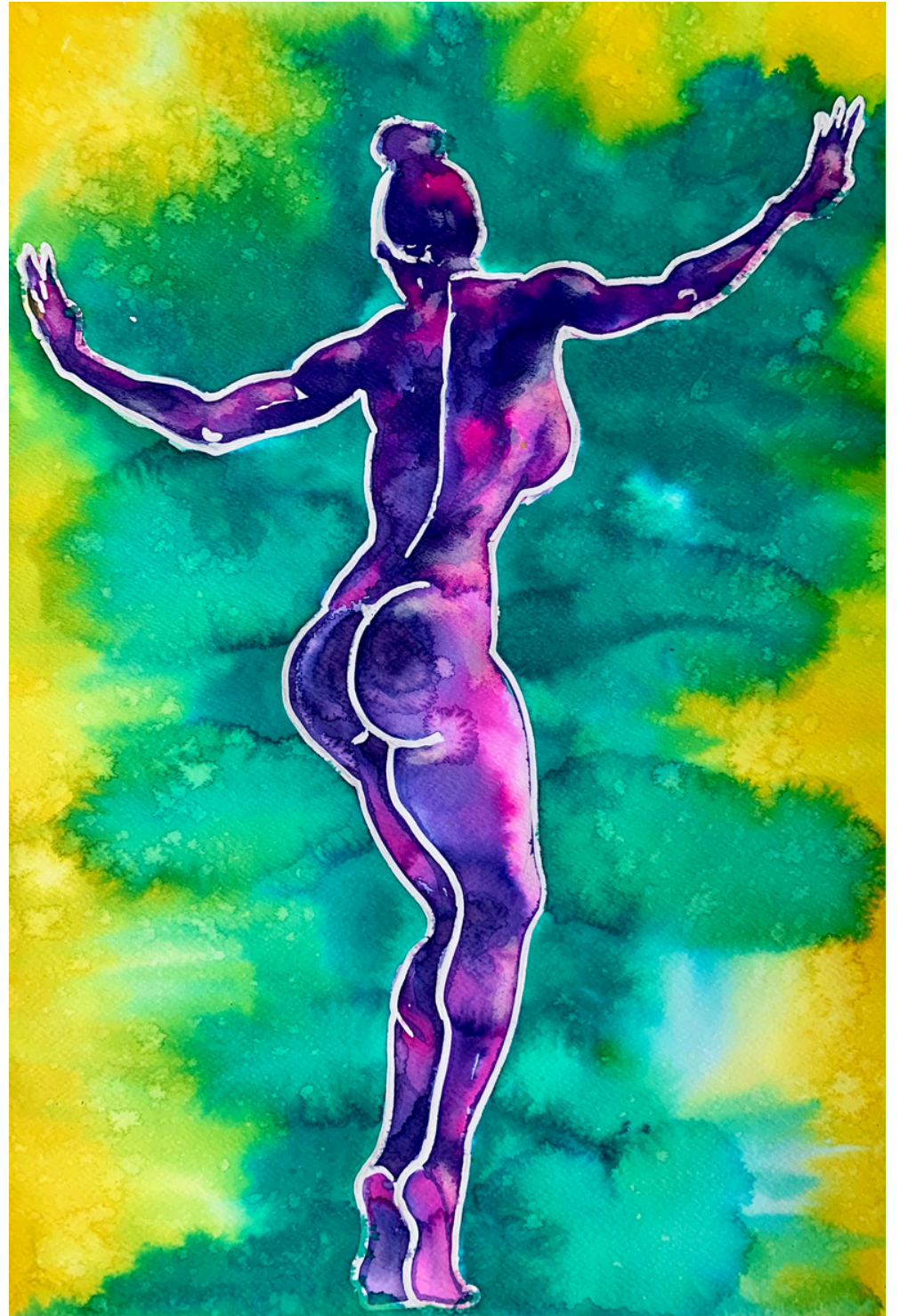
"In my womb, a rose grows,  
the cradle of life.  
Like Venus, I bring you into the world,  
groaning in the pangs of childbirth  
and divine love.  
Eternal soul,  
Now reflect  
in the ocean of existence."



*I'm Freedom*

"Free, I dance on the chains.  
With A Jump I learn to fly.  
Like an eagle Hour I see You burning."

Ink on paper  
48 cm x 33 cm  
Year: 2022





## *Naked Star*

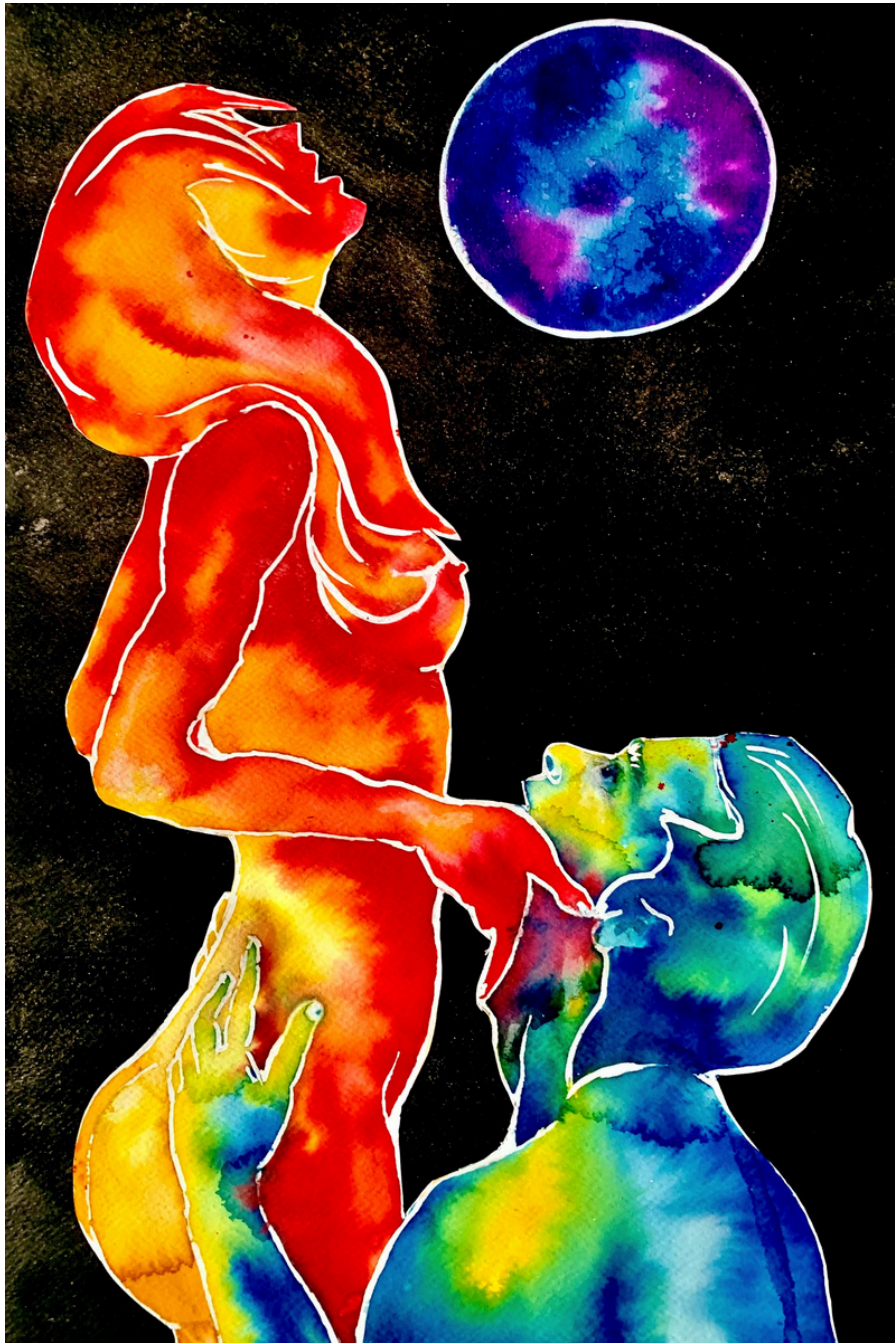
"I tear my clothes to remain naked of stars.  
I wrap myself in the velvet of the night and in a moon blade I hope to find  
you again.

See you as we were:  
flames of flesh and dance of enlightened eyes.  
You live in my demon wings.  
And I can't fly anymore "

Ink on paper  
48 cm X 33 cm  
Year: 2021







## *The song of the She-Wolf*

"On the night of the Cobalt Moon the last stars will fall.

No place will never be again.

Only the She-Wolf will sing to the sky,  
when gold dust will transmute the sin of men"

Ink on paper  
48 cm x 33 cm  
Year: 2022





Watercolor ink on paper  
80 cm X 60 cm  
Year:2023

## *Supernova Rebirth*

"Iris of the sea and lips of thorns.  
All that could have been is an echo drowned in the eyes.  
The touch of your soul has exploded my heart.  
And all that remains of me is the firmament"



## *Yin Yang*

"We are moonbeams intertwined by the wind.  
You are the force that builds and protects  
I love that welcomes and inspires.  
We dance tight, One into the other Whirling lives.  
You, Man I, Donna.  
Creators and Gods In the infinite loop Of becoming"

Watercolor ink on paper  
80 cm X 60 cm  
Year:2023





# Drops of soul

Moments of love suspended between drops of time.

Elusive moments, full of infinite beauty caressed by water and colors,  
transported to non-places inhabited by dreams and other dimensions.

Experiences of lived lives that lie colorful where the heart can find them by  
connecting to infinity.



## *Eden and the Phoenix*

"From the ashes we are reborn  
With fire transform me,  
hell in heaven  
Infinity in a kiss  
The Spark is new life "

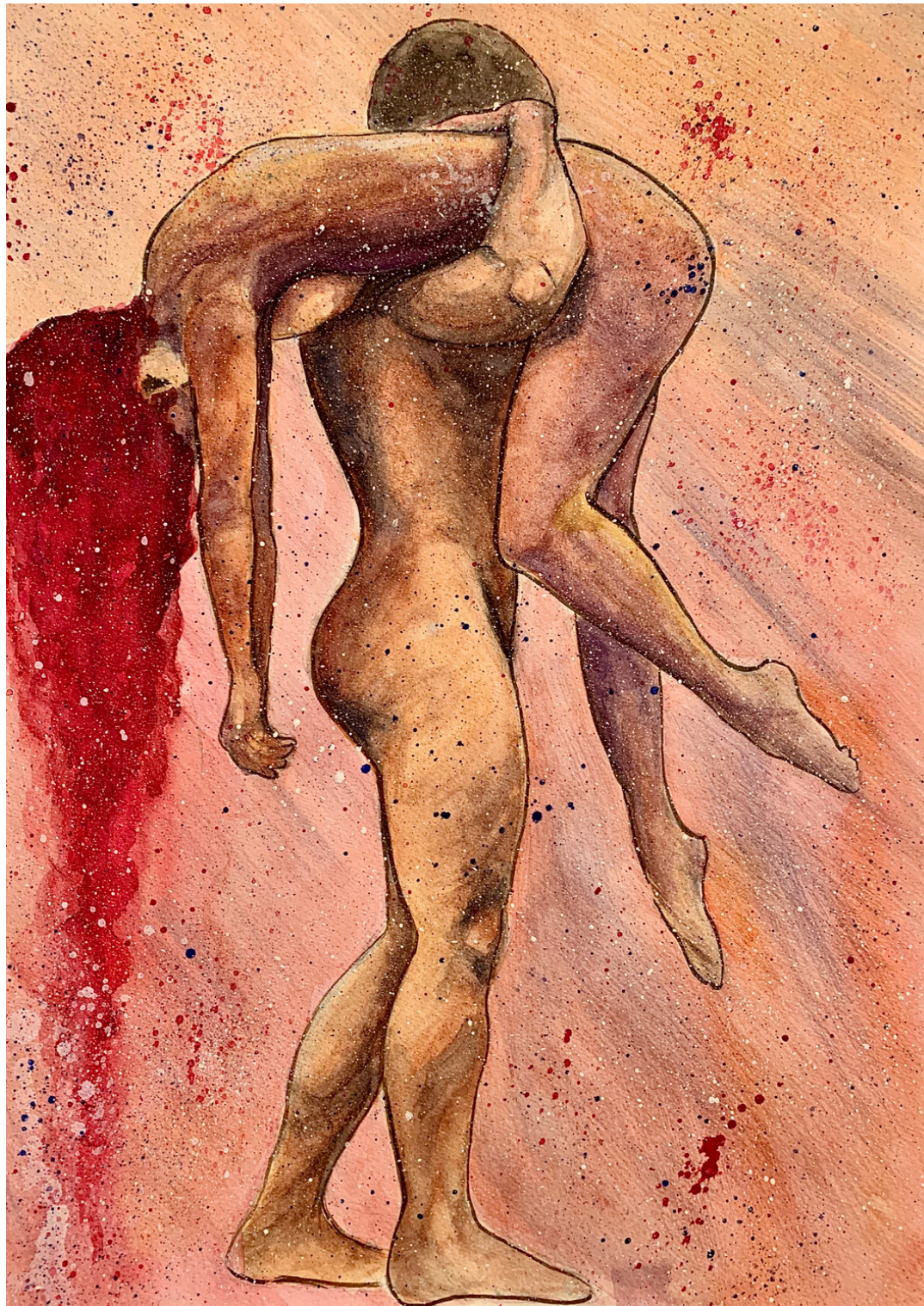
Watercolor on cotton paper  
42 cm X 30 cm  
Year: 2021





## Caronte

"The weight of the world is love.   
 Under the burden of loneliness   
 under the burden of dissatisfaction   
 the weight we carry is love "   
 Allen Ginsberg



Watercolor on cotton paper  
42 cm X 30 cm  
Year: 2021



## *Hold me*

"I am no longer blood and heart,  
but blind empty.

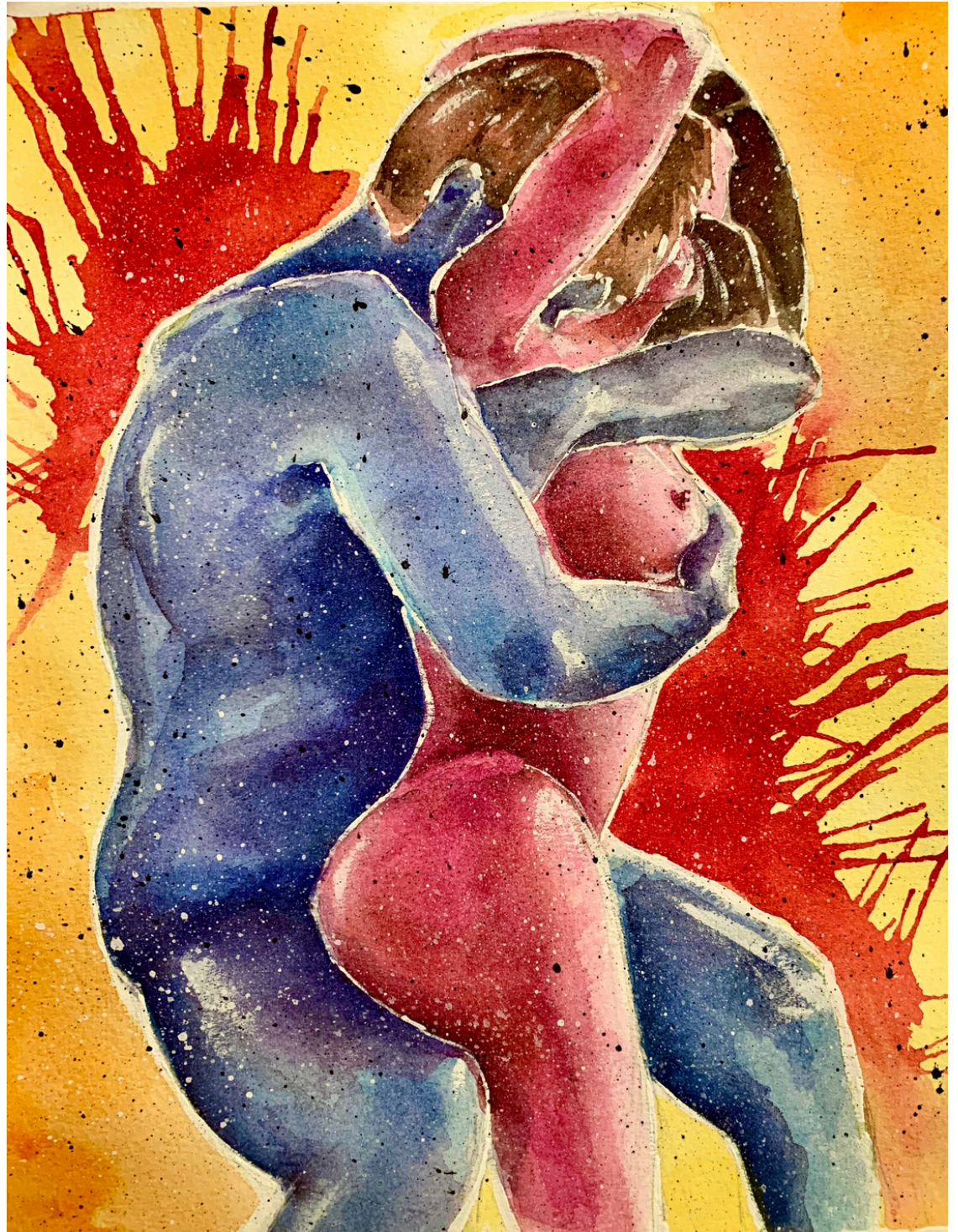
Stoned by your marble words.

I am tear and dark:  
you killed me.

But one day  
I will wear new skin and new breath.

And you  
you will disappear far away,  
within a horizon  
with no more skies to embrace. "

Watercolor on cotton paper  
31 cm X 23 cm  
Year: 2020








Watercolor on cotton paper  
42 cm X 30 cm  
Year: 2020

## *Comeback Home*

"A love can be a long journey among the stars, to return home" 



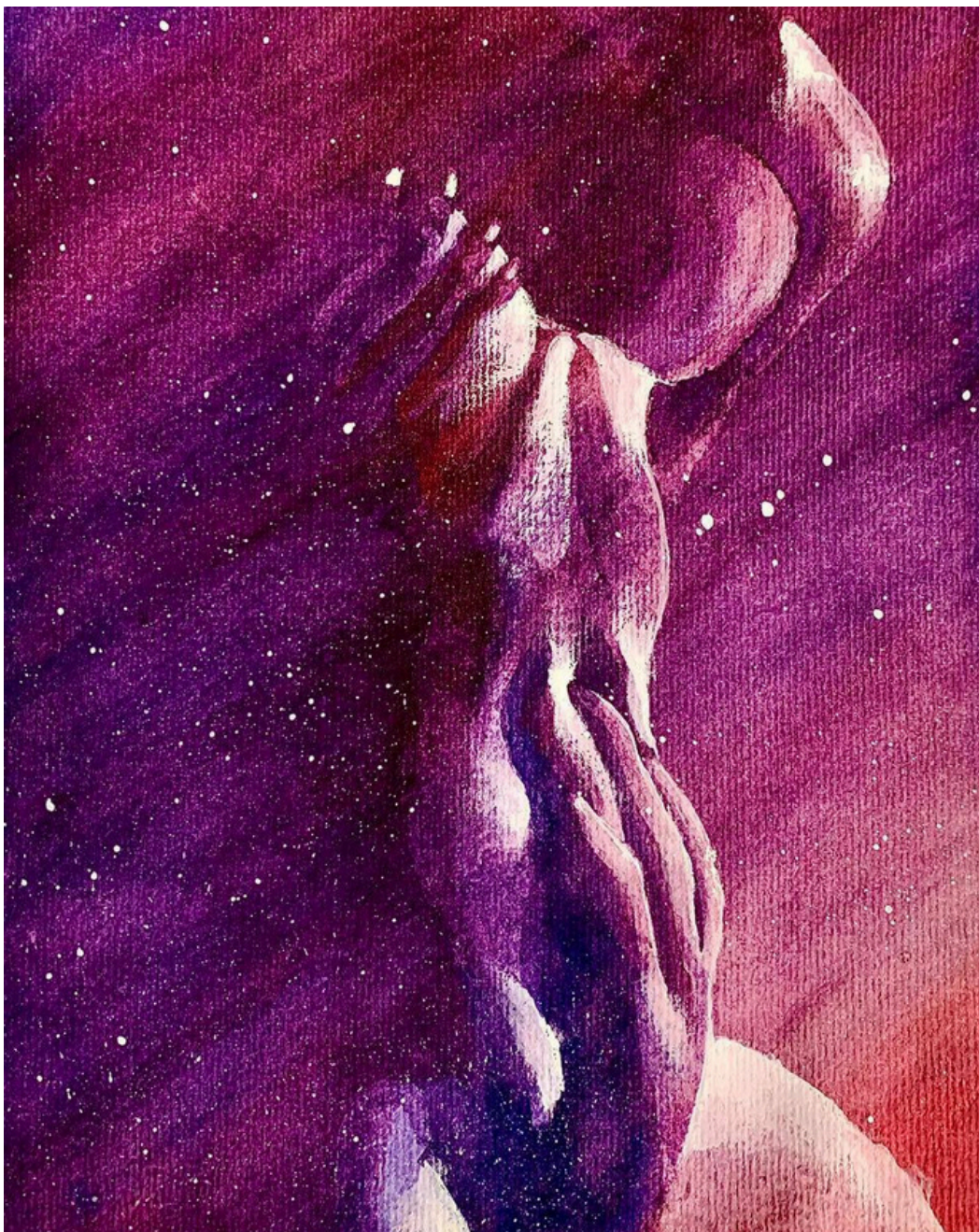


Watercolor on cotton paper  
42 cm X 30 cm  
Year: 2021

## *Borning Spoul*

"I was born from the abyss.  
In me the whole universe.  
I bring dust and light  
in the shadows of time "





## *In The Shadow*

" In the shadows lies his seed ready to sprout.  
In chaos and madness I'll lead you  
where nothing the shadow can"

Watercolor on cotton paper  
30 cm X 21 cm  
Year: 2020

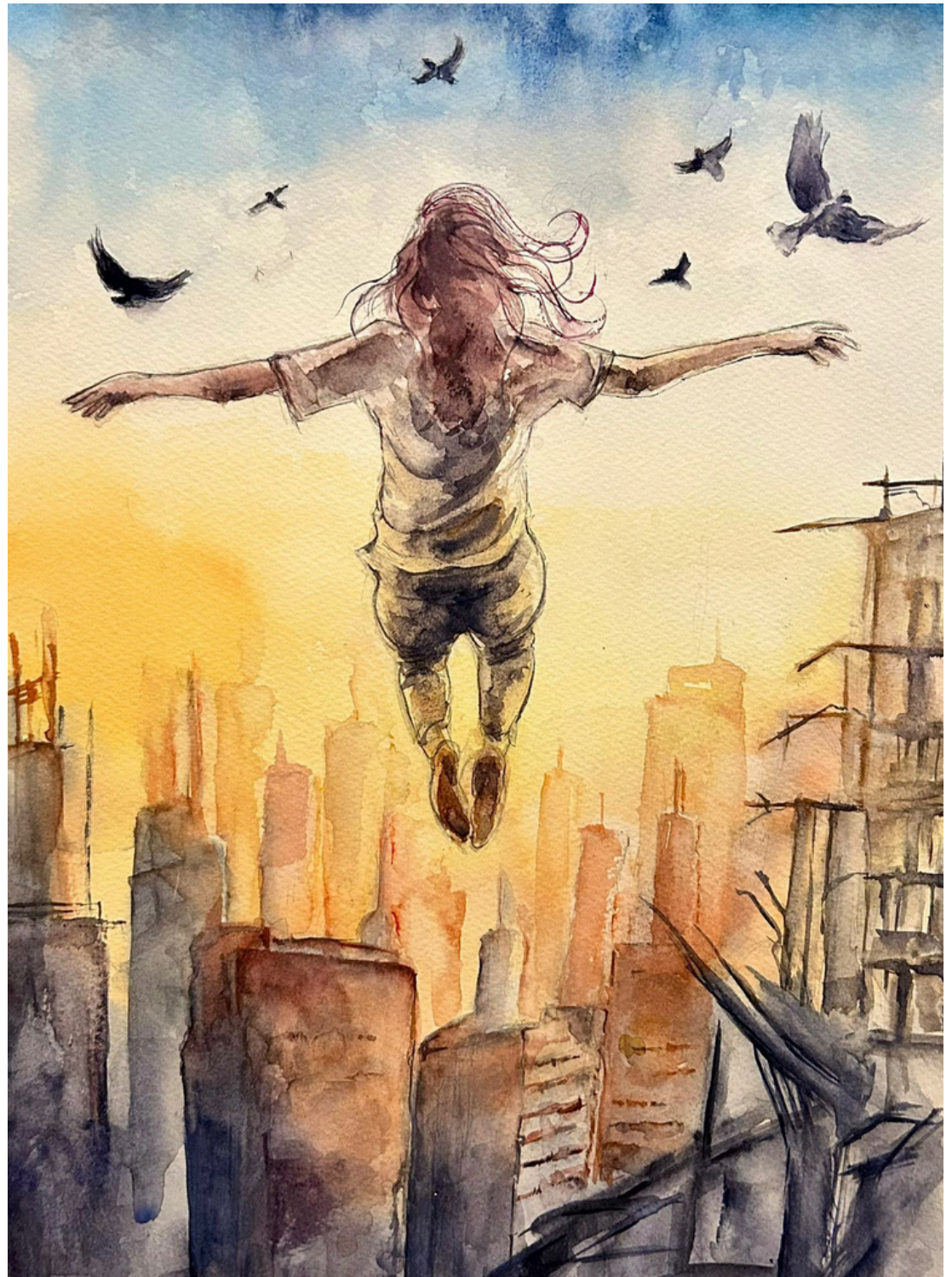


# *You are my silence*

You're my silence  
I keep you here between a dream and a sigh,  
in eyes drowned in tears and light.  
You're in the sun  
that warms this flight of mine You're my  
silence

This painting was created for the traveling exhibition Art for  
Palestine organized by Corrado Leoni

Watercolor on cotton paper  
30 cm X 42 cm  
Year:2024





## *Meet Beyond the Stars*

I'm waiting for you here.

Above the stars.

Where bodies dance And souls play.

I'm waiting for you to recognize me

Among the noises of reality,

among the rubble of suffering I'm waiting for you here.

Where we find ourselves from life to life.

Beyond the veil of illusion.

At the heart center

Watercolor on cotton paper

50 cm X 70 cm

Year:2022





## Morning Star

"Every one of my songs becomes creation.  
In the wind lies my breath, stirring the waves of the sea.  
You, a creature lost in oblivion, amidst screams and blood,  
cannot hear me.  
When I wrap you in silk and roses, you seek rough thorns.

I paint skies and stars, yet you explode Suns.  
My eyes weep for lost Moons, while my tears drown Worlds.

I am the end and the albedo.  
I am the alpha and the omega.

I shall be the Morning Star,  
and you,  
a new Dawn from my lips."

Watercolor on cotton paper  
75 cm X 50 cm  
Year:2022







## *The Creators*

"In you, infinite stars move.  
And, when you fall, the heavens tremble.  
You return life to the dying present.  
Like the sea, I envelop and sail you;  
So that your fire may dare to play once more."

Watercolor on cotton paper  
100 cm X 70 cm  
Year:2024



# *Suspended Souls*

Colors and sensations suspended in space, between sea woods and full voids.





Watercolor on canvas treated and suspended with string between woods worked by the sea and collected personally on the beach.

120 cm x 70 cm

Year: 2022

## *Il sesto Sapore*

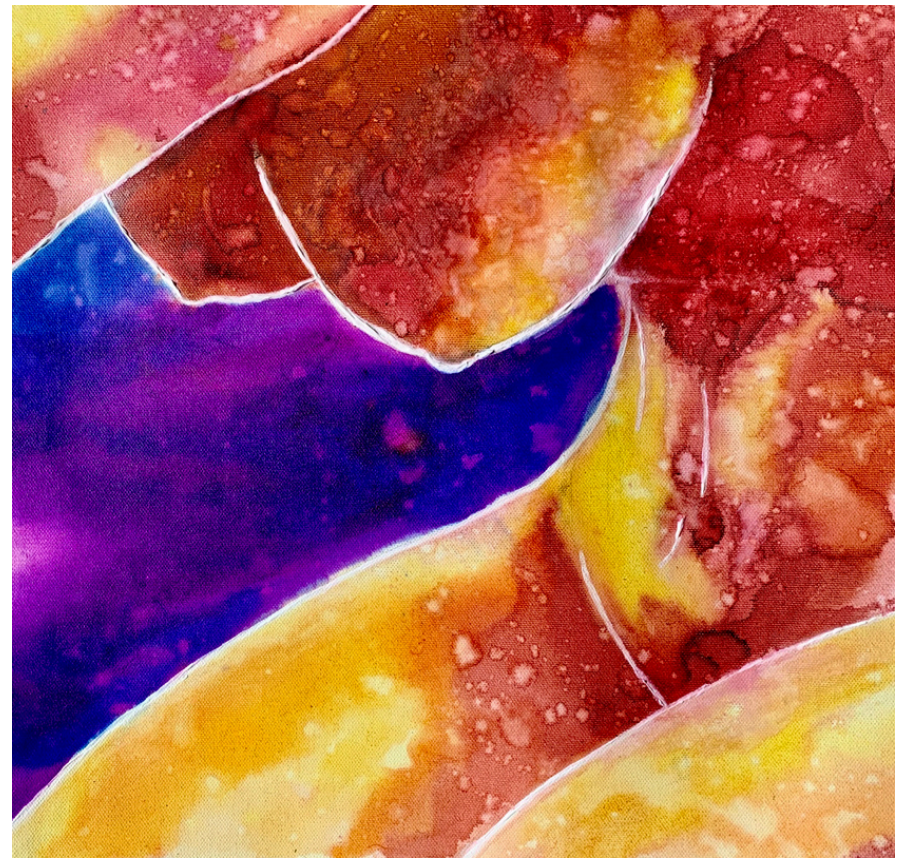
"Bevo il fuoco  
che colora le tue labbra.  
Navigando all'orizzonte  
di questo amore ilquido,  
ti vedo danzare tra spire di vento .  
Come sesto sapore  
affami il mio universo"





# *I feel ME*

"I feel like this breeze  
than touching your face  
lightly caresses  
the thought of a kiss suspended "



Ink on canvas suspended with string between woods worked by the sea and collected personally on the beach.

38 cm X 35 cm

Year: 2021





## *Down on my knees*

"On your knees among roses of thorns  
I'm waiting for your kiss  
put out my night  
and ignite the flames "



Ink on canvas suspended with string between woods worked by the sea and collected personally on the beach.

38 cm X 42 cm

Year: 2021



## *Eternal love*

"I am the light in you and around you,  
drink from my source  
of eternal love "



Watercolor on canvas treated and suspended with string between woods worked by the sea and collected personally on the beach.

Work on commission

78 cm X 75 cm

Year: 2021



# *Abstract Soul*

In the freedom of movement of automatic drawing lies the act of soul creation.

Where the mind is silent, the eternal sings



The creator of Worlds

Butterfly



Colibri



"The circle of life" collection

Acrylic and luminous powder on canvas

30cm X 30cm

Year: 2018

Ganesha



Paradise Fish







## *Frequencias*

Enamel and Acrylic on canvas

100x60x5 cm

Year: 2019

## *Genius Loci*

Enamel and Acrylic on canvas framed with tree bark collected in

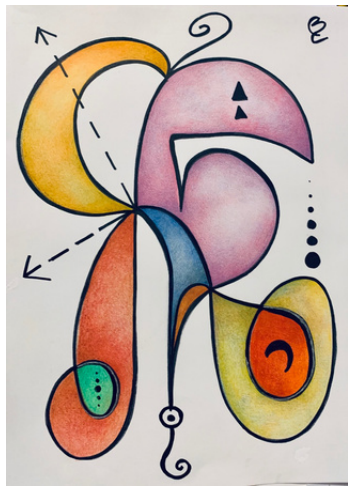
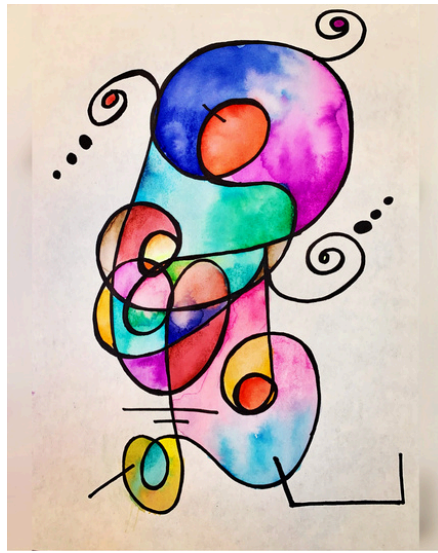
the woods

75x40x5 cm

Year: 2019





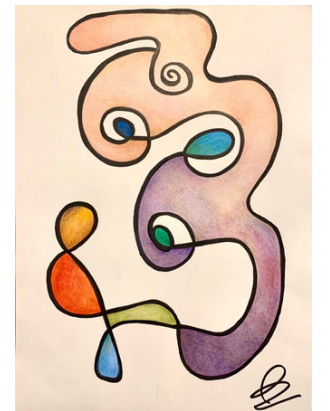
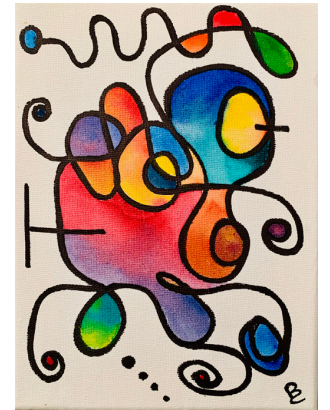


*"Whispers from beyond" Collection*

Pastels and markers on paper

30 cm X 42 cm

Year: 2024





# Exhibitions

Year 2023

Group exhibition Art, History and Culture  
at Villa Papafava in Arre



Group exhibition  
"Art as an expression of one's talents"  
at Niyam Yoga Center Ponte di Brenta (PD)



Year 2024

Seventh of the Arts and group exhibition  
"The Shape of Emotions"  
at the municipality of Albignasego (PD)



I have also been participating since 2020 in art markets in the towns of my city, I have also participated in MOMARTE in Padua, also being part of the AVANTGART artists group of the ORA11 association, I have held creative and watercolor courses for children and adults in collaboration with municipalities and private individuals especially as a volunteer.





*Barbara Carretta*

Soul artist



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